



Aya (death) Despacho Ceremony

This is a beautiful and very moving ceremony where we come together in the spirit of community to celebrate the life of someone who is currently in the process of dying or has already departed, bringing balance and energetic closure to those of us left behind. Together, we will build a "Despacho" (a prayer bundle) consisting of many colored layers where we offer various elemental ingredients that have been infused with our own personal prayers, hopes and wishes for our loved ones who have crossed the Rainbow Bridge to the Afterlife.

Participants find this ceremony to be a powerful healing tool when working through grief. It provides a safe and sacred environment where we feel supported by the community we have created through intentional ceremony as we move through our own grief journey. There is often a notable "shift" that takes place within each individual at different points of the ceremony where they move from the lower vibration of grief and sorrow, to a lighter place of love and celebration of life.



Vicky Edgerly is a Reiki Master, Spiritual Teacher and Inspirational Speaker who uses the wisdom she's gained through study & personal experience to assist others in navigating life's challenges. As someone who has chosen to grow from her STE's (*'Spiritually Transformative Events'*a life event that changes one's belief systems and outlook on life), she uses her knowledge and experience to empower others.

After living through multiple losses and working through the pain they brought, she developed a strong passion for helping others cope with their own grief through ritual, ceremony and mindful practices. She specializes in showing folks the way through the grieving experience by applying a metaphysical approach. She has worked closely with The Afterlife Education Foundation from Portland Oregon for several years and has been featured in open panel discussions at their annual conference. (<https://afterlifeconference.com>)

Vicky holds unique and powerful workshops that give participants lots of valuable information, resources, inspiring examples and instruction on various techniques designed to help one become more engaged in one's own life experience ("Conscious Living"). By doing so, we develop an inner calm that aids us in facing life's challenges.

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www.WhiteElephantWisdom.com**