



Dragonfly Wisdom

PHASE ONE

The Intake Interview

Thank you for your interest in attending a support group that utilizes the Dragonfly Wisdom (DFW) holistic method for navigating the grief journey. In an effort to better serve the bereaved, our program is separated into two distinct phases and this brief intake interview will help facilitators guide you to the phase that is right for you at this time.

Please answer all questions to the best of your ability. This is not a test. There are no right or wrong answers. We are simply gathering information for better insights into how the program might assist you on your journey through the pain of significant loss.

If you have any questions or concerns, please contact your group facilitator directly.

1. Your Name _____
2. Who has died and what was/is their relationship to you?

3. How long ago did they pass and how did it happen?

4. Have you engaged in any other grief support systems or therapies previously?

5. If you answered YES to #4, can you tell us what parts of the program you felt were helpful or why you felt it wasn't?

6. Is this your first 'significant' loss or have you gone through this before? (Please list all prior losses you consider significant with dates & manner of death)

7. If you've experienced prior significant losses, do you feel you have healed from those experiences to the best of your ability or do you still carry the pain of grief with you? Can you identify specific areas you still struggle with? (such as: difficulty eating, sleeping, controlling emotions or unwanted thoughts etc.)

8. Can you share your current spiritual/religious beliefs (if applicable) as pertains to death? (What do you believe happens to us when we die?)

9. Are you receiving support from your spiritual/religious community pertaining to your current loss and resulting grief journey?

10. What attracted you to a DFW group and what do you hope to gain from this program?

11. Are you familiar with ***conscious living methods*** and, if so, can you tell us what that means to you and/or how you use such methods in your daily life?

12. Do you have any experience with metaphysical approaches for exploring your own soul/self, such as self-induced or guided meditations, reiki (or other energy healing methods) or receiving guidance from a departed loved one with the help of a psychic medium?

13. If you answered NO to #12, how do you feel about exploring the types of methods mentioned above? (Are you open to exploring or hesitant?)

14. Are you currently under the care of a medical doctor or mental health professional? (For help with your grief and/or any other conditions? – We do not need personal details here, just an awareness of other challenging physical and/or emotional conditions that might complicate your grief journey.)
